

DRAW

Subd. 1		Subd. 2		Subd. 3		Subd. 4		Subd. 5		Subd. 6	
VT	GER	VT	EGY	VT	MxG 1	VT	VEN	VT	GBR	VT	PAN
	JAM		ISR				AZE		CHN		PHI
UB	TPE	UB	CAN	UB	POR	UB	BEL	UB	KAZ	UB	BRA
	NZL		RSA		HKG		KOR		MEX		ARG
BB	FRA	BB	MxG 7	BB	MxG 2	BB	MxG 5	BB	MxG 4	BB	MxG 3
	ITA										
FX	MxG 6	FX	CZE	FX	SGP	FX	ROU	FX	USA	FX	ESP
					JPN		UKR		TUR		NED

WOMEN MIXED GROUPS (MxG)

MxG1		MxG2		MxG3		MxG4		MxG5		MxG6		MxG7	
1	PER	1	URU	1	AUT	1	BUL	1	SRI	1	LUX	1	AIN-1
2	MLT	2	AUS	2	SWE	2	THA	2	SLO	2	INA	2	DOM
3	ECU	3	GEO	3	AIN-2	3	COL	3	LBN	3	DEN	3	IND
4	SYR	4	UZB	4	BAN	4	KSA	4	QAT	4		4	CRO
5	MYA	5	MAS	5	SVK	5		5	CHI	5		5	

Subd. 1		Subd. 2		Subd. 3		Subd. 4		Subd. 5		Subd. 6	
VT	GER-JAM	VT	EGY-ISR	VT	MxG 1	VT	VEN-AZE	VT	GBR-CHN	VT	PAN-PHI
UB	TPE-NZL	UB	CAN-RSA	UB	POR-HKG	UB	BEL-KOR	UB	KAZ-MEX	UB	BRA-ARG
BB	FRA-ITA	BB	MxG 7	BB	MxG 2	BB	MxG 5	BB	MxG 4	BB	MxG 3
FX	MxG 6	FX	CZE	FX	SGP-JPN	FX	ROU-UKR	FX	USA-TUR	FX	ESP-NED



Monday, 17 November 2025

	Stretching Area	Training / Warm-up	Stretching Area	Training / Warm-up	FOP
7:00:00					
7:15:00					
7:30:00					
7:45:00					
8:00:00					
8:15:00					
8:30:00					
8:45:00					
9:00:00					
9:15:00					
9:30:00					
9:45:00					
10:00:00	S-DIV 1				
10:15:00	10:00-10:30				
10:30:00					
10:45:00					
11:00:00			S-DIV 2		
11:15:00			11:00-11:30		
11:30:00		S-DIV 1			
11:45:00		10:30-12:30			
12:00:00					
12:15:00				S-DIV 2	
12:30:00				11:30-13:30	
12:45:00					
13:00:00	S-DIV 3				
13:15:00	13:00-13:30				
13:30:00					
13:45:00					
14:00:00			S-DIV 4		
14:15:00		S-DIV 3	14:00-14:30		
14:30:00		13:30-15:30			
14:45:00				S-DIV 4	
15:00:00				14:30-16:30	
15:15:00					
15:30:00					
15:45:00					
16:00:00	S-DIV 5				
16:15:00	16:00-16:30				
16:30:00					
16:45:00					
17:00:00			S-DIV 6		
17:15:00		S-DIV 5	17:00-17:30		
17:30:00		16:30-18:30			
17:45:00				S-DIV 6	
18:00:00				17:30-19:30	
18:15:00					
18:30:00					
18:45:00					
19:00:00					
19:15:00					
19:30:00					
19:45:00					
20:00:00					
20:15:00					
20:30:00					
20:45:00					
21:00:00					
21:15:00					
21:30:00					
21:45:00					
22:00:00					
22:15:00					
22:30:00					
22:45:00					
23:00:00					

WAG Training Day

	Stretching		Apparatus Training		Time between sessions
	Start	Finish	Start	Finish	
S-DIV 1	10:00:00	10:30:00	10:30:00	12:30:00	
S-DIV 2	11:00:00	11:30:00	11:30:00	13:30:00	
S-DIV 3	13:00:00	13:30:00	13:30:00	15:30:00	
S-DIV 4	14:00:00	14:30:00	14:30:00	16:30:00	
S-DIV 5	16:00:00	16:30:00	16:30:00	18:30:00	
S-DIV 6	17:00:00	17:30:00	17:30:00	19:30:00	

Training & Warm-up Hall

30 min/rotation		00:30			
Subdivision 1		VT	UB	BB	FX
10:00	10:30	WARM UP - Stretching Area			
10:30	11:00	GER-JAM	TPE-NZL	FRA-ITA	MxG 6
11:00	11:30	MxG 6	GER-JAM	TPE-NZL	FRA-ITA
11:30	12:00	FRA-ITA	MxG 6	GER-JAM	TPE-NZL
12:00	12:30	TPE-NZL	FRA-ITA	MxG 6	GER-JAM

30 min/rotation		00:30			
Subdivision 3		VT	UB	BB	FX
13:00	13:30	WARM UP - Stretching Area			
13:30	14:00	MxG 1	POR-HKG	MxG 2	SGP-JPN
14:00	14:30	SGP-JPN	MxG 1	POR-HKG	MxG 2
14:30	15:00	MxG 2	SGP-JPN	MxG 1	POR-HKG
15:00	15:30	POR-HKG	MxG 2	SGP-JPN	MxG 1

30 min/rotation		00:30			
Subdivision 5		VT	UB	BB	FX
16:00	16:30	WARM UP - Stretching Area			
16:30	17:00	GBR-CHN	KAZ-MEX	MxG 4	USA-TUR
17:00	17:30	USA-TUR	GBR-CHN	KAZ-MEX	MxG 4
17:30	18:00	MxG 4	USA-TUR	GBR-CHN	KAZ-MEX
18:00	18:30	KAZ-MEX	MxG 4	USA-TUR	GBR-CHN



ARTISTIC GYMNASTICS
JUNIOR WORLD CHAMPIONSHIPS
NOVEMBER 20-24, 2025

Training & Warm-up Hall

30 min/rotation		00:30			
Subdivision 2		VT	UB	BB	FX
11:00	11:30	WARM UP - Stretching Area			
11:30	12:00	EGY-ISR	CAN-RSA	MxG 7	CZE
12:00	12:30	CZE	EGY-ISR	CAN-RSA	MxG 7
12:30	13:00	MxG 7	CZE	EGY-ISR	CAN-RSA
13:00	13:30	CAN-RSA	MxG 7	CZE	EGY-ISR

30 min/rotation		00:30			
Subdivision 4		VT	UB	BB	FX
14:00	14:30	WARM UP - Stretching Area			
14:30	15:00	VEN-AZE	BEL-KOR	MxG 5	ROU-UKR
15:00	15:30	ROU-UKR	VEN-AZE	BEL-KOR	MxG 5
15:30	16:00	MxG 5	ROU-UKR	VEN-AZE	BEL-KOR
16:00	16:30	BEL-KOR	MxG 5	ROU-UKR	VEN-AZE

30 min/rotation		00:30			
Subdivision 6		VT	UB	BB	FX
17:00	17:30	WARM UP - Stretching Area			
17:30	18:00	PAN-PHI	BRA-ARG	MxG 3	ESP-NED
18:00	18:30	ESP-NED	PAN-PHI	BRA-ARG	MxG 3
18:30	19:00	MxG 3	ESP-NED	PAN-PHI	BRA-ARG
19:00	19:30	BRA-ARG	MxG 3	ESP-NED	PAN-PHI

Tuesday, 18 November 2025

	Stretching Area	Training / Warm-up	Stretching Area	Training / Warm-up	FOP
7:00:00					
7:15:00					
7:30:00					
7:45:00					
8:00:00					
8:15:00					
8:30:00					
8:45:00					
9:00:00					
9:15:00					
9:30:00					
9:45:00					
10:00:00			S-DIV 1 10:00-10:30		
10:15:00					
10:30:00					
10:45:00					
11:00:00	S-DIV 2 11:00-11:30				
11:15:00					
11:30:00					
11:45:00					
12:00:00					
12:15:00					
12:30:00					
12:45:00					
13:00:00					
13:15:00					
13:30:00					
13:45:00					
14:00:00	S-DIV 4 14:00-14:30				
14:15:00					
14:30:00					
14:45:00					
15:00:00					
15:15:00					
15:30:00					
15:45:00					
16:00:00					
16:15:00					
16:30:00					
16:45:00					
17:00:00	S-DIV 6 17:00-17:30				
17:15:00					
17:30:00					
17:45:00					
18:00:00					
18:15:00					
18:30:00					
18:45:00					
19:00:00					
19:15:00					
19:30:00					
19:45:00					
20:00:00					
20:15:00					
20:30:00					
20:45:00					
21:00:00					
21:15:00					
21:30:00					
21:45:00					
22:00:00					
22:15:00					
22:30:00					
22:45:00					
23:00:00					

WAG Training Day

	Stretching		Apparatus Training		Time between sessions
	Start	Finish	Start	Finish	
S-DIV 1	10:00:00	10:30:00	10:30:00	12:30:00	
S-DIV 2	11:00:00	11:30:00	11:30:00	13:30:00	
S-DIV 3	13:00:00	13:30:00	13:30:00	15:30:00	
S-DIV 4	14:00:00	14:30:00	14:30:00	16:30:00	
S-DIV 5	16:00:00	16:30:00	16:30:00	18:30:00	
S-DIV 6	17:00:00	17:30:00	17:30:00	19:30:00	

Training & Warm-up Hall

30 min/rotation

00:30

Subdivision 2	VT	UB	BB	FX
11:00	11:30	WARM UP - Stretching Area		
11:30	12:00	EGY-ISR	CAN-RSA	MxG 7
12:00	12:30	CZE	EGY-ISR	CAN-RSA
12:30	13:00	MxG 7	CZE	EGY-ISR
13:00	13:30	CAN-RSA	MxG 7	CZE

30 min/rotation

00:30

Subdivision 4	VT	UB	BB	FX
14:00	14:30	WARM UP - Stretching Area		
14:30	15:00	VEN-AZE	BEL-KOR	MxG 5
15:00	15:30	ROU-UKR	VEN-AZE	BEL-KOR
15:30	16:00	MxG 5	ROU-UKR	VEN-AZE
16:00	16:30	BEL-KOR	MxG 5	ROU-UKR

30 min/rotation

00:30

Subdivision 6	VT	UB	BB	FX
17:00	17:30	WARM UP - Stretching Area		
17:30	18:00	PAN-PHI	BRA-ARG	MxG 3
18:00	18:30	ESP-NED	PAN-PHI	BRA-ARG
18:30	19:00	MxG 3	ESP-NED	PAN-PHI
19:00	19:30	BRA-ARG	MxG 3	ESP-NED



ARTISTIC GYMNASTICS
JUNIOR WORLD CHAMPIONSHIPS
NOVEMBER 20-24, 2025

Training & Warm-up Hall

30 min/rotation

00:30

Subdivision 1	VT	UB	BB	FX
10:00	10:30	WARM UP - Stretching Area		
10:30	11:00	GER-JAM	TPE-NZL	FRA-ITA
11:00	11:30	MxG 6	GER-JAM	TPE-NZL
11:30	12:00	FRA-ITA	MxG 6	GER-JAM
12:00	12:30	TPE-NZL	FRA-ITA	MxG 6

30 min/rotation

00:30

Subdivision 3	VT	UB	BB	FX
13:00	13:30	WARM UP - Stretching Area		
13:30	14:00	MxG 1	POR-HKG	MxG 2
14:00	14:30	SGP-JPN	MxG 1	POR-HKG
14:30	15:00	MxG 2	SGP-JPN	MxG 1
15:00	15:30	POR-HKG	MxG 2	SGP-JPN

30 min/rotation

00:30

Subdivision 5	VT	UB	BB	FX
16:00	16:30	WARM UP - Stretching Area		
16:30	17:00	GBR-CHN	KAZ-MEX	MxG 4
17:00	17:30	USA-TUR	GBR-CHN	KAZ-MEX
17:30	18:00	MxG 4	USA-TUR	GBR-CHN
18:00	18:30	KAZ-MEX	MxG 4	USA-TUR

Wednesday, 19 November 2025

	Stretching Area	Training / Warm-up	Stretching Area	Training / Warm-up	FOP
7:00:00					
7:15:00					
7:30:00					
7:45:00					
8:00:00					
8:15:00					
8:30:00					
8:45:00					
9:00:00					
9:15:00					
9:30:00					
9:45:00					
10:00:00					
10:15:00					
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10:45:00					
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20:30:00					
20:45:00					
21:00:00					
21:15:00					
21:30:00					
21:45:00					
22:00:00					
22:15:00					
22:30:00					
22:45:00					
23:00:00					

WAG Podium Training

	Stretching		Warm-up		Transition		Podium Training		Stretching		Training		Time between sessions
	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	
S-DIV 1	8:15:00	8:30:00	8:30:00	9:45:00	9:45:00	10:00:00	10:00:00	11:45:00	15:45:00	16:15:00	16:15:00	17:15:00	4:00:00
S-DIV 2	10:15:00	10:30:00	10:30:00	11:45:00	11:45:00	12:00:00	12:00:00	13:45:00	17:45:00	18:15:00	18:15:00	19:15:00	4:00:00
S-DIV 3	12:30:00	12:45:00	12:45:00	14:00:00	14:00:00	14:15:00	14:15:00	16:00:00	20:00:00	20:30:00	20:30:00	21:30:00	4:00:00
S-DIV 4	14:30:00	14:45:00	14:45:00	16:00:00	16:00:00	16:15:00	16:15:00	18:00:00	9:00:00	9:30:00	9:30:00	10:30:00	4:00:00
S-DIV 5	16:45:00	17:00:00	17:00:00	18:15:00	18:15:00	18:30:00	18:30:00	20:15:00	11:15:00	11:45:00	11:45:00	12:45:00	4:00:00
S-DIV 6	18:45:00	19:00:00	19:00:00	20:15:00	20:15:00	20:30:00	20:30:00	22:15:00	13:15:00	13:45:00	13:45:00	14:45:00	4:00:00

Training & Warm-up Hall

18 min 45 sec/rotation	00:18					
Subdivision 1	VT	UB	BB	FX		
8:15	8:30	WARM UP - Stretching Area				
8:30	8:48	MxG 6	GER-JAM	TPE-NZL	FRA-ITA	
8:48	9:07	FRA-ITA	MxG 6	GER-JAM	TPE-NZL	
9:07	9:26	TPE-NZL	FRA-ITA	MxG 6	GER-JAM	
9:26	9:45	GER-JAM	TPE-NZL	FRA-ITA	MxG 6	

18 min 45 sec/rotation	00:18					
Subdivision 2	VT	UB	BB	FX		
10:15	10:30	WARM UP - Stretching Area				
10:30	10:48	CZE	EGY-ISR	CAN-RSA	MxG 7	
10:48	11:07	MxG 7	CZE	EGY-ISR	CAN-RSA	
11:07	11:26	CAN-RSA	MxG 7	CZE	EGY-ISR	
11:26	11:45	EGY-ISR	CAN-RSA	MxG 7	CZE	

18 min 45 sec/rotation	00:18					
Subdivision 3	VT	UB	BB	FX		
12:30	12:45	WARM UP - Stretching Area				
12:45	13:03	SGP-JPN	MxG 1	POR-HKG	MxG 2	
13:03	13:22	MxG 2	SGP-JPN	MxG 1	POR-HKG	
13:22	13:41	POR-HKG	MxG 2	SGP-JPN	MxG 1	
13:41	14:00	MxG 1	POR-HKG	MxG 2	SGP-JPN	

18 min 45 sec/rotation	00:18					
Subdivision 4	VT	UB	BB	FX		
14:30	14:45	WARM UP - Stretching Area				
14:45	15:03	ROU-UKR	VEN-AZE	BEL-KOR	MxG 5	
15:03	15:22	MxG 5	ROU-UKR	VEN-AZE	BEL-KOR	
15:22	15:41	BEL-KOR	MxG 5	ROU-UKR	VEN-AZE	
15:41	16:00	VEN-AZE	BEL-KOR	MxG 5	ROU-UKR	

18 min 45 sec/rotation	00:18					
Subdivision 5	VT	UB	BB	FX		
16:45	17:00	WARM UP - Stretching Area				
17:00	17:18	USA-TUR	GBR-CHN	KAZ-MEX	MxG 4	
17:18	17:37	MxG 4	USA-TUR	GBR-CHN	KAZ-MEX	
17:37	17:56	KAZ-MEX	MxG 4	USA-TUR	GBR-CHN	
17:56	18:15	GBR-CHN	KAZ-MEX	MxG 4	USA-TUR	

18 min 45 sec/rotation	00:18					
Subdivision 6	VT	UB	BB	FX		
18:45	19:00	WARM UP - Stretching Area				
19:00	19:18	ESP-NED	PAN-PHI	BRA-ARG	MxG 3	
19:18	19:37	MxG 3	ESP-NED	PAN-PHI	BRA-ARG	
19:37	19:56	BRA-ARG	MxG 3	ESP-NED	PAN-PHI	
19:56	20:15	PAN-PHI	BRA-ARG	MxG 3	ESP-NED	

Training & Warm-up Hall

15 min/rotation	00:15					
Subdivision 4	VT	UB	BB	FX		
9:00	9:30	WARM UP - Stretching Area				
9:30	9:45	VEN-AZE	BEL-KOR	MxG 5	ROU-UKR	
9:45	10:00	ROU-UKR	VEN-AZE	BEL-KOR	MxG 5	
10:00	10:15	MxG 5	ROU-UKR	VEN-AZE	BEL-KOR	
10:15	10:30	BEL-KOR	MxG 5	ROU-UKR	VEN-AZE	

15 min/rotation	00:15					
Subdivision 5	VT	UB	BB	FX		
11:15	11:45	WARM UP - Stretching Area				
11:45	12:00	GBR-CHN	KAZ-MEX	MxG 4	USA-TUR	
12:00	12:15	USA-TUR	GBR-CHN	KAZ-MEX	MxG 4	
12:15	12:30	MxG 4	USA-TUR	GBR-CHN	KAZ-MEX	
12:30	12:45	KAZ-MEX	MxG 4	USA-TUR	GBR-CHN	

15 min/rotation	00:15					
Subdivision 6	VT	UB	BB	FX		
13:15	13:45	WARM UP - Stretching Area				
13:45	14:00	PAN-PHI	BRA-ARG	MxG 3	ESP-NED	
14:00	14:15	ESP-NED	PAN-PHI	BRA-ARG	MxG 3	
14:15	14:30	MxG 3	ESP-NED	PAN-PHI	BRA-ARG	
14:30	14:45	BRA-ARG	MxG 3	ESP-NED	PAN-PHI	

15 min/rotation	00:15					
Subdivision 1	VT	UB	BB	FX		
15:45	16:15	WARM UP - Stretching Area				
16:15	16:30	GER-JAM	TPE-NZL	FRA-ITA	MxG 6	
16:30	16:45	MxG 6	GER-JAM	TPE-NZL	FRA-ITA	
16:45	17:00	FRA-ITA	MxG 6	GER-JAM	TPE-NZL	
17:00	17:15	TPE-NZL	FRA-ITA	MxG 6	GER-JAM	

15 min/rotation	00:15					
Subdivision 2	VT	UB	BB	FX		
17:45	18:15	WARM UP - Stretching Area				
18:15	18:30	EGY-ISR	CAN-RSA	MxG 7	CZE	
18:30	18:45	CZE	EGY-ISR	CAN-RSA	MxG 7	
18:45	19:00	MxG 7	CZE	EGY-ISR	CAN-RSA	
19:00	19:15	CAN-RSA	MxG 7	CZE	EGY-ISR	

15 min/rotation	00:15					
Subdivision 3	VT	UB	BB	FX		
20:00	20:30	WARM UP - Stretching Area				
20:30	20:45	MxG 1	POR-HKG	MxG 2	SGP-JPN	
20:45	21:00	SGP-JPN	MxG 1	POR-HKG	MxG 2	
21:00	21:15	MxG 2	SGP-JPN	MxG 1	POR-HKG	
21:15	21:30	POR-HKG	MxG 2	SGP-JPN	MxG 1	



Competition Venue - FOP

26 min 15 sec/rotation	00:26					
Subdivision 1	VT	UB	BB	FX		
9:45	10:00	Transition Podium				
10:00	10:26	GER-JAM	TPE-NZL	FRA-ITA	MxG 6	
10:26	10:52	MxG 6	GER-JAM	TPE-NZL	FRA-ITA	
10:52	11:18	FRA-ITA	MxG 6	GER-JAM	TPE-NZL	
11:18	11:45	TPE-NZL	FRA-ITA	MxG 6	GER-JAM	

26 min 15 sec/rotation	00:26					
Subdivision 2	VT	UB	BB	FX		
11:45	12:00	Transition Podium				
12:00	12:26	EGY-ISR	CAN-RSA	MxG 7	CZE	
12:26	12:52	CZE	EGY-ISR	CAN-RSA	MxG 7	
12:52	13:18	MxG 7	CZE	EGY-ISR	CAN-RSA	
13:18	13:45	CAN-RSA	MxG 7	CZE	EGY-ISR	

26 min 15 sec/rotation	00:26					
Subdivision 3	VT	UB	BB	FX		
14:00	14:15	Transition Podium				
14:15	14:41	MxG 1	POR-HKG	MxG 2	SGP-JPN	
14:41	15:07	SGP-JPN	MxG 1	POR-HKG	MxG 2	
15:07	15:33	MxG 2	SGP-JPN	MxG 1	POR-HKG	
15:33	16:00	POR-HKG	MxG 2	SGP-JPN	MxG 1	

26 min 15 sec/rotation	00:26					
Subdivision 4	VT	UB	BB	FX		
16:00	16:15	Transition Podium				
16:15	16:41	VEN-AZE	BEL-KOR	MxG 5	ROU-UKR	
16:41	17:07	ROU-UKR	VEN-AZE	BEL-KOR	MxG 5	
17:07	17:33	MxG 5	ROU-UKR	VEN-AZE	BEL-KOR	
17:33	18:00	BEL-KOR	MxG 5	ROU-UKR	VEN-AZE	

26 min 15 sec/rotation	00:26					
Subdivision 5	VT	UB	BB	FX		
18:15	18:30	Transition Podium				
18:30	18:56	GBR-CHN	KAZ-MEX	MxG 4	USA-TUR	
18:56	19:22	USA-TUR	GBR-CHN	KAZ-MEX	MxG 4	
19:22	19:48	MxG 4	USA-TUR	GBR-CHN	KAZ-MEX	
19:48	20:15	KAZ-MEX	MxG 4	USA-TUR	GBR-CHN	

26 min 15 sec/rotation		00:26			
Subdivision 6		VT	UB	BB	FX
		Transition Podium			
20:15	20:30				
20:30	20:56	PAN-PHI	BRA-ARG	MxG 3	ESP-NED
20:56	21:22	ESP-NED	PAN-PHI	BRA-ARG	MxG 3
21:22	21:48	MxG 3	ESP-NED	PAN-PHI	BRA-ARG
21:48	22:15	BRA-ARG	MxG 3	ESP-NED	PAN-PHI

Thursday, 20 November 2025

	Stretching Area	Training / Warm-up	Stretching Area	Training / Warm-up	FOP
7:00:00					
7:15:00					
7:30:00					
7:45:00					
8:00:00					
8:15:00					
8:30:00					
8:45:00					
9:00:00					
9:15:00					
9:30:00					
9:45:00					
10:00:00	S-DIV 1				
10:15:00	10:00-10:30				
10:30:00					
10:45:00					
11:00:00			S-DIV 2		
11:15:00			11:00-11:30		
11:30:00					
11:45:00					
12:00:00					
12:15:00					
12:30:00				S-DIV 2	
12:45:00				11:30-13:30	
13:00:00	S-DIV 3				
13:15:00	13:00-13:30				
13:30:00					
13:45:00					
14:00:00			S-DIV 4		
14:15:00			14:00-14:30		
14:30:00					
14:45:00					
15:00:00					
15:15:00					
15:30:00				S-DIV 4	
15:45:00				14:30-16:30	
16:00:00	S-DIV 5				
16:15:00	16:00-16:30				
16:30:00					
16:45:00					
17:00:00			S-DIV 6		
17:15:00			17:00-17:30		
17:30:00					
17:45:00					
18:00:00					
18:15:00					
18:30:00				S-DIV 6	
18:45:00				17:30-19:30	
19:00:00					
19:15:00					
19:30:00					
19:45:00					
20:00:00					
20:15:00					
20:30:00					
20:45:00					
21:00:00					
21:15:00					
21:30:00					
21:45:00					
22:00:00					
22:15:00					
22:30:00					
22:45:00					
23:00:00					

WAG Training Day

	Stretching		Apparatus Training		Time between sessions
	Start	Finish	Start	Finish	
S-DIV 1	10:00:00	10:30:00	10:30:00	12:30:00	
S-DIV 2	11:00:00	11:30:00	11:30:00	13:30:00	
S-DIV 3	13:00:00	13:30:00	13:30:00	15:30:00	
S-DIV 4	14:00:00	14:30:00	14:30:00	16:30:00	
S-DIV 5	16:00:00	16:30:00	16:30:00	18:30:00	
S-DIV 6	17:00:00	17:30:00	17:30:00	19:30:00	

Training & Warm-up Hall

30 min/rotation		00:30			
Subdivision 1		VT	UB	BB	FX
10:00	10:30	WARM UP - Stretching Area			
10:30	11:00	GER-JAM	TPE-NZL	FRA-ITA	MxG 6
11:00	11:30	MxG 6	GER-JAM	TPE-NZL	FRA-ITA
11:30	12:00	FRA-ITA	MxG 6	GER-JAM	TPE-NZL
12:00	12:30	TPE-NZL	FRA-ITA	MxG 6	GER-JAM

30 min/rotation		00:30			
Subdivision 3		VT	UB	BB	FX
13:00	13:30	WARM UP - Stretching Area			
13:30	14:00	MxG 1	POR-HKG	MxG 2	SGP-JPN
14:00	14:30	SGP-JPN	MxG 1	POR-HKG	MxG 2
14:30	15:00	MxG 2	SGP-JPN	MxG 1	POR-HKG
15:00	15:30	POR-HKG	MxG 2	SGP-JPN	MxG 1

30 min/rotation		00:30			
Subdivision 5		VT	UB	BB	FX
16:00	16:30	WARM UP - Stretching Area			
16:30	17:00	GBR-CHN	KAZ-MEX	MxG 4	USA-TUR
17:00	17:30	USA-TUR	GBR-CHN	KAZ-MEX	MxG 4
17:30	18:00	MxG 4	USA-TUR	GBR-CHN	KAZ-MEX
18:00	18:30	KAZ-MEX	MxG 4	USA-TUR	GBR-CHN



ARTISTIC GYMNASTICS
JUNIOR WORLD CHAMPIONSHIPS
NOVEMBER 20-24, 2025

Training & Warm-up Hall

30 min/rotation		00:30			
Subdivision 2		VT	UB	BB	FX
11:00	11:30	WARM UP - Stretching Area			
11:30	12:00	EGY-ISR	CAN-RSA	MxG 7	CZE
12:00	12:30	CZE	EGY-ISR	CAN-RSA	MxG 7
12:30	13:00	MxG 7	CZE	EGY-ISR	CAN-RSA
13:00	13:30	CAN-RSA	MxG 7	CZE	EGY-ISR

30 min/rotation		00:30			
Subdivision 4		VT	UB	BB	FX
14:00	14:30	WARM UP - Stretching Area			
14:30	15:00	VEN-AZE	BEL-KOR	MxG 5	ROU-UKR
15:00	15:30	ROU-UKR	VEN-AZE	BEL-KOR	MxG 5
15:30	16:00	MxG 5	ROU-UKR	VEN-AZE	BEL-KOR
16:00	16:30	BEL-KOR	MxG 5	ROU-UKR	VEN-AZE

30 min/rotation		00:30			
Subdivision 6		VT	UB	BB	FX
17:00	17:30	WARM UP - Stretching Area			
17:30	18:00	PAN-PHI	BRA-ARG	MxG 3	ESP-NED
18:00	18:30	ESP-NED	PAN-PHI	BRA-ARG	MxG 3
18:30	19:00	MxG 3	ESP-NED	PAN-PHI	BRA-ARG
19:00	19:30	BRA-ARG	MxG 3	ESP-NED	PAN-PHI

Friday, 21 November 2025

	Stretching Area	Training / Warm-up	Stretching Area	Training / Warm-up	FOP
7:00:00					
7:15:00					
7:30:00					
7:45:00					
8:00:00					
8:15:00					
8:30:00			S-DIV 1 Warm-up 08:15-08:30		
8:45:00				S-DIV 1 Warm-up 08:30-09:45	
9:00:00	S-DIV 4 Training 09:00-09:30				
9:15:00					
9:30:00		S-DIV 4 Training 09:30-10:30			Transition Podium 09:45-10:00
9:45:00			S-DIV 2 Warm-up 09:15-09:30		
10:00:00					
10:15:00					
10:30:00				S-DIV 2 Warm-up 10:30-11:45	S-DIV 1 Qual 10:00-11:45
10:45:00					
11:00:00					
11:15:00	S-DIV 5 Training 11:15-11:45				
11:30:00					Transition Podium 11:45-12:00
11:45:00					
12:00:00		S-DIV 5 Training 11:45-12:45			
12:15:00			S-DIV 3 Warm-up 12:30-12:45		
12:30:00					S-DIV 2 Qual 12:00-13:45
12:45:00					
13:00:00		S-DIV 6 Training 13:15-13:45		S-DIV 3 Warm-up 12:45-14:00	
13:15:00					
13:30:00					Transition Podium 14:00-14:15
13:45:00					
14:00:00		S-DIV 6 Training 13:45-14:45			
14:15:00			S-DIV 4 Warm-up 14:15-14:45		
14:30:00					S-DIV 3 Qual 14:15-16:00
14:45:00					
15:00:00				S-DIV 4 Warm-up 14:45-16:00	
15:15:00					
15:30:00					
15:45:00	S-DIV 1 Training 15:45-16:15				Transition Podium 16:00-16:15
16:00:00					
16:15:00		S-DIV 1 Training 16:15-17:15			
16:30:00			S-DIV 5 Warm-up 16:45-17:00		
16:45:00					S-DIV 4 Qual 16:15-18:00
17:00:00					
17:15:00				S-DIV 5 Warm-up 17:00-18:15	
17:30:00					
17:45:00	S-DIV 2 Training 17:45-18:15				Transition Podium 18:15-18:30
18:00:00					
18:15:00		S-DIV 2 Training 18:15-19:15	S-DIV 6 Warm-up 18:40-19:00		
18:30:00					
18:45:00				S-DIV 6 Warm-up 19:00-20:15	S-DIV 5 Qual 18:30-20:15
19:00:00					
19:15:00					
19:30:00					
19:45:00					
20:00:00	S-DIV 3 Training 20:00-20:30				Transition Podium 20:15-20:30
20:15:00					
20:30:00		S-DIV 3 Training 20:30-21:30			
20:45:00					S-DIV 6 Qual 20:30-22:15
21:00:00					
21:15:00					
21:30:00					
21:45:00					
22:00:00					
22:15:00					
22:30:00					
22:45:00					
23:00:00					

WAG Qualifications

	Stretching		Warm-up		Transition		Qualifications		Stretching		Training		Time between sessions
	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	
S-DIV 1	8:15:00	8:30:00	8:30:00	9:45:00	9:45:00	10:00:00	10:00:00	11:45:00	15:45:00	16:15:00	16:15:00	17:15:00	4:00:00
S-DIV 2	10:15:00	10:30:00	10:30:00	11:45:00	11:45:00	12:00:00	12:00:00	13:45:00	17:45:00	18:15:00	18:15:00	19:15:00	4:00:00
S-DIV 3	12:30:00	12:45:00	12:45:00	14:00:00	14:00:00	14:15:00	14:15:00	16:00:00	20:00:00	20:30:00	20:30:00	21:30:00	4:00:00
S-DIV 4	14:30:00	14:45:00	14:45:00	16:00:00	16:00:00	16:15:00	16:15:00	18:00:00	9:00:00	9:30:00	9:30:00	10:30:00	4:00:00
S-DIV 5	16:45:00	17:00:00	17:00:00	18:15:00	18:15:00	18:30:00	18:30:00	20:15:00	11:15:00	11:45:00	11:45:00	12:45:00	4:00:00
S-DIV 6	18:45:00	19:00:00	19:00:00	20:15:00	20:15:00	20:30:00	20:30:00	22:15:00	13:15:00	13:45:00	13:45:00	14:45:00	4:00:00

Training & Warm-up Hall

18 min 45 sec/rotation	00:18				
Subdivision 1	VT	UB	BB	FX	
8:15	8:30	WARM UP - Stretching Area			
8:30	8:48	MxG 6	GER-JAM	TPE-NZL	FRA-ITA
8:48	9:07	FRA-ITA	MxG 6	GER-JAM	TPE-NZL
9:07	9:26	TPE-NZL	FRA-ITA	MxG 6	GER-JAM
9:26	9:45	GER-JAM	TPE-NZL	FRA-ITA	MxG 6

18 min 45 sec/rotation	00:18				
Subdivision 2	VT	UB	BB	FX	
10:15	10:30	WARM UP - Stretching Area			
10:30	10:48	CZE	EGY-ISR	CAN-RSA	MxG 7
10:48	11:07	MxG 7	CZE	EGY-ISR	CAN-RSA
11:07	11:26	CAN-RSA	MxG 7	CZE	EGY-ISR
11:26	11:45	EGY-ISR	CAN-RSA	MxG 7	CZE

18 min 45 sec/rotation	00:18				
Subdivision 3	VT	UB	BB	FX	
12:30	12:45	WARM UP - Stretching Area			
12:45	13:03	SGP-JPN	MxG 1	POR-HKG	MxG 2
13:03	13:22	MxG 2	SGP-JPN	MxG 1	POR-HKG
13:22	13:41	POR-HKG	MxG 2	SGP-JPN	MxG 1
13:41	14:00	MxG 1	POR-HKG	MxG 2	SGP-JPN

18 min 45 sec/rotation	00:18				
Subdivision 4	VT	UB	BB	FX	
14:30	14:45	WARM UP - Stretching Area			
14:45	15:03	ROU-UKR	VEN-AZE	BEL-KOR	MxG 5
15:03	15:22	MxG 5	ROU-UKR	VEN-AZE	BEL-KOR
15:22	15:41	BEL-KOR	MxG 5	ROU-UKR	VEN-AZE
15:41	16:00	VEN-AZE	BEL-KOR	MxG 5	ROU-UKR

18 min 45 sec/rotation	00:18				
Subdivision 5	VT	UB	BB	FX	
16:45	17:00	WARM UP - Stretching Area			
17:00	17:18	USA-TUR	GBR-CHN	KAZ-MEX	MxG 4
17:18	17:37	MxG 4	USA-TUR	GBR-CHN	KAZ-MEX
17:37	17:56	KAZ-MEX	MxG 4	USA-TUR	GBR-CHN
17:56	18:15	GBR-CHN	KAZ-MEX	MxG 4	USA-TUR

18 min 45 sec/rotation	00:18				
Subdivision 6	VT	UB	BB	FX	
18:45	19:00	WARM UP - Stretching Area			
19:00	19:18	ESP-NED	PAN-PHI	BRA-ARG	MxG 3
19:18	19:37	MxG 3	ESP-NED	PAN-PHI	BRA-ARG
19:37	19:56	BRA-ARG	MxG 3	ESP-NED	PAN-PHI
19:56	20:15	PAN-PHI	BRA-ARG	MxG 3	ESP-NED

Training & Warm-up Hall

15 min/rotation	00:15				
Subdivision 4	VT	UB	BB	FX	
9:00	9:30	WARM UP - Stretching Area			
9:30	9:45	VEN-AZE	BEL-KOR	MxG 5	ROU-UKR
9:45	10:00	ROU-UKR	VEN-AZE	BEL-KOR	MxG 5
10:00	10:15	MxG 5	ROU-UKR	VEN-AZE	BEL-KOR
10:15	10:30	BEL-KOR	MxG 5	ROU-UKR	VEN-AZE

15 min/rotation	00:15				
Subdivision 5	VT	UB	BB	FX	
11:15	11:45	WARM UP - Stretching Area			
11:45	12:00	GBR-CHN	KAZ-MEX	MxG 4	USA-TUR
12:00	12:15	USA-TUR	GBR-CHN	KAZ-MEX	MxG 4
12:15	12:30	MxG 4	USA-TUR	GBR-CHN	KAZ-MEX
12:30	12:45	KAZ-MEX	MxG 4	USA-TUR	GBR-CHN

15 min/rotation	00:15				
Subdivision 6	VT	UB	BB	FX	
13:15	13:45	WARM UP - Stretching Area			
13:45	14:00	PAN-PHI	BRA-ARG	MxG 3	ESP-NED
14:00	14:15	ESP-NED	PAN-PHI	BRA-ARG	MxG 3
14:15	14:30	MxG 3	ESP-NED	PAN-PHI	BRA-ARG
14:30	14:45	BRA-ARG	MxG 3	ESP-NED	PAN-PHI

15 min/rotation	00:15				
Subdivision 1	VT	UB	BB	FX	
15:45	16:15	WARM UP - Stretching Area			
16:15	16:30	GER-JAM	TPE-NZL	FRA-ITA	MxG 6
16:30	16:45	MxG 6	GER-JAM	TPE-NZL	FRA-ITA
16:45	17:00	FRA-ITA	MxG 6	GER-JAM	TPE-NZL
17:00	17:15	TPE-NZL	FRA-ITA	MxG 6	GER-JAM

15 min/rotation	00:15				
Subdivision 2	VT	UB	BB	FX	
17:45	18:15	WARM UP - Stretching Area			
18:15	18:30	EGY-ISR	CAN-RSA	MxG 7	CZE
18:30	18:45	CZE	EGY-ISR	CAN-RSA	MxG 7
18:45	19:00	MxG 7	CZE	EGY-ISR	CAN-RSA
19:00	19:15	CAN-RSA	MxG 7	CZE	EGY-ISR

15 min/rotation	00:15				
Subdivision 3	VT	UB	BB	FX	
20:00	20:30	WARM UP - Stretching Area			
20:30	20:45	MxG 1	POR-HKG	MxG 2	SGP-JPN
20:45	21:00	SGP-JPN	MxG 1	POR-HKG	MxG 2
21:00	21:15	MxG 2	SGP-JPN	MxG 1	POR-HKG
21:15	21:30	POR-HKG	MxG 2	SGP-JPN	MxG 1



Competition Venue - FOP

26 min 15 sec/rotation	00:26				
Subdivision 1	VT	UB	BB	FX	
9:45	10:00	Transition Podium			
10:00	10:26	GER-JAM	TPE-NZL	FRA-ITA	MxG 6
10:26	10:52	MxG 6	GER-JAM	TPE-NZL	FRA-ITA
10:52	11:18	FRA-ITA	MxG 6	GER-JAM	TPE-NZL
11:18	11:45	TPE-NZL	FRA-ITA	MxG 6	GER-JAM

26 min 15 sec/rotation	00:26				
Subdivision 2	VT	UB	BB	FX	
11:45	12:00	Transition Podium			
12:00	12:26	EGY-ISR	CAN-RSA	MxG 7	CZE
12:26	12:52	CZE	EGY-ISR	CAN-RSA	MxG 7
12:52	13:18	MxG 7	CZE	EGY-ISR	CAN-RSA
13:18	13:45	CAN-RSA	MxG 7	CZE	EGY-ISR

26 min 15 sec/rotation	00:26				
Subdivision 3	VT	UB	BB	FX	
14:00	14:15	Transition Podium			
14:15	14:41	MxG 1	POR-HKG	MxG 2	SGP-JPN
14:41	15:07	SGP-JPN	MxG 1	POR-HKG	MxG 2
15:07	15:33	MxG 2	SGP-JPN	MxG 1	POR-HKG
15:33	16:00	POR-HKG	MxG 2	SGP-JPN	MxG 1

26 min 15 sec/rotation	00:26				
Subdivision 4	VT	UB	BB	FX	
16:00	16:15	Transition Podium			
16:15	16:41	VEN-AZE	BEL-KOR	MxG 5	ROU-UKR
16:41	17:07	ROU-UKR	VEN-AZE	BEL-KOR	MxG 5
17:07	17:33	MxG 5	ROU-UKR	VEN-AZE	BEL-KOR
17:33	18:00	BEL-KOR	MxG 5	ROU-UKR	VEN-AZE

26 min 15 sec/rotation	00:26				
Subdivision 5	VT	UB	BB	FX	
18:15	18:30	Transition Podium			
18:30	18:56	GBR-CHN	KAZ-MEX	MxG 4	USA-TUR
18:56	19:22	USA-TUR	GBR-CHN	KAZ-MEX	MxG 4
19:22	19:48	MxG 4	USA-TUR	GBR-CHN	KAZ-MEX
19:48	20:15	KAZ-MEX	MxG 4	USA-TUR	GBR-CHN

26 min 15 sec/rotation	00:26
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Saturday, 22 November 2025					
	Stretching Area	Training / Warm-up	Stretching Area	Training / Warm-up	FOP
7:00.00					
7:15.00					
7:30.00					
7:45.00					
8:00.00					
8:15.00					
8:30.00					
8:45.00					
9:00.00					
9:15.00					
9:30.00					
9:45.00					
10:00.00					
10:15.00					
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20:30.00					
20:45.00					
21:00.00					
21:15.00					
21:30.00					
21:45.00					
22:00.00					
22:15.00					
22:30.00					
22:45.00					
23:00.00					

WAG All-Around Final														
	Stretching		Warm-up		Transition		AA Final		Stretching		Training		Time between sessions	
	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish		
WAG AA	17:15:00	17:30:00	17:30:00	18:45:00	18:45:00	19:00:00	19:00:00	21:15:00	10:45:00	11:15:00	11:15:00	13:15:00	4:00:00	AA Q1-Q6 + R4**
WAG AF									13:15:00	13:45:00	13:45:00	16:15:00		AA Q7-Q12 + R3**
WAG Open*									16:15:00	16:45:00	16:45:00	19:15:00		AA Q13-Q18 + R2*
														AA Q19-Q24 + R1**
														VT Q1-Q8 + R
														UB Q1-Q8 + R
														BB Q1-Q8 + R
														FX Q1-Q8 + R

* Non qualified Gymnasts and NF substitute

** for NF without qualified WAG Gymnast

Training & Warm-up Hall

Training & Warm-up Hall

37 min 30 sec/rotation									
WAG AF - Training		VT		UB		BB		FX	
13:15	13:45								
13:45	14:22								
14:22	15:00								
15:00	15:37	VT Q1-Q8 + R		UB Q1-Q8 + R		BB Q1-Q8 + R		FX Q1-Q8 + R	
15:37	16:15								

37 min 30 sec/rotation									
WAG Open Training		VT		UB		BB		FX	
16:15	16:45								
16:45	17:22								
17:22	18:00								
18:00	18:37								
18:37	19:15								

18 min 45 sec/rotation									
WAG AA Final		VT		UB		BB		FX	
17:15	17:30								
17:30	17:48	AA Q19-Q24 + R1**		AA Q1-Q6 + R4**		AA Q7-Q12 + R3**		AA Q13-Q18 + R2**	
17:48	18:07	AA Q13-Q18 + R2**		AA Q19-Q24 + R1**		AA Q1-Q6 + R4**		AA Q7-Q12 + R3**	
18:07	18:26	AA Q7-Q12 + R3**		AA Q13-Q18 + R2**		AA Q19-Q24 + R1**		AA Q1-Q6 + R4**	
18:26	18:45	AA Q1-Q6 + R4**		AA Q7-Q12 + R3**		AA Q13-Q18 + R2**		AA Q19-Q24 + R1**	



Competition Venue - FOP

1 hour and 15 min transition				
Apparatus Transition	01:15			
17:30	18:45	FX	P4	SR
		Apparatus Transition from MAG to WAG		

37 min 30 sec/rotation									
WAG AA Final		VT		UB		BB		FX	
18:45	19:00								
19:00	19:33	AA Q1-Q6		AA Q7-Q12		AA Q13-Q18		AA Q19-Q24	
19:33	20:07	AA Q19-Q24		AA Q1-Q6		AA Q7-Q12		AA Q13-Q18	
20:07	20:41	AA Q13-Q18		AA Q19-Q24		AA Q1-Q6		AA Q7-Q12	
20:41	21:15	AA Q7-Q12		AA Q13-Q18		AA Q19-Q24		AA Q1-Q6	
21:15	21:30								

Award Ceremony

Sunday, 23 November 2025

	Stretching Area	Training / Warm-up	FOP
7:00:00			
7:15:00			
7:30:00			
7:45:00			
8:00:00			
8:15:00			
8:30:00			
8:45:00			
9:00:00			
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21:30:00			
21:45:00			
22:00:00			
22:15:00			
22:30:00			
22:45:00			
23:00:00			

WAG Apparatus Finals - Day 1

	Stretching		Training		Warm-up		Transition		Apparatus Finals		Time between sessions	VT	UB	BB	FX
	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish		VT Q1-Q8 + R	UB Q1-Q8 + R	BB Q1-Q8 + R	FX Q1-Q8 + R
WAG AF*	9:00:00	9:30:00	9:30:00	12:00:00	12:00:00	18:00:00	13:45:00	14:00:00	14:00:00	18:00:00					
WAG Open**	18:00:00	18:30:00	18:30:00	21:00:00											

* Including Reserves and NF substitute
** Non qualified Gymnasts only

Training & Warm-up Hall					
37 min and 30 sec/rotation		00:37			
WAG AF - Training		VT	UB	BB	FX
9:00	9:30	WARM UP			
9:30	10:07				
10:07	10:45				
10:45	11:22				
11:22	12:00				

WAG Apparatus Final		VT	UB
12:00	18:00	General Warm-up and Open Warm-up	

37 min and 30sec/rotation		00:37			
WAG Open Training		VT	UB	BB	FX
18:00	18:30	WARM UP			
18:30	19:07				
19:07	19:45				
19:45	20:22				
20:22	21:00				



FOP - Training		
01:00		
WAG AF - Training	VT	UB
12:00	13:00	General Warm-up and Open Training

FOP - Competition		
WAG Apparatus Finals	VT	UB
13:45	14:00	Transition Podium
14:00	14:38	MAG - FX Final
14:38	15:23	VT Q1-Q8
15:23	15:35	Award Ceremony - MAG FX and WAG VT
15:35	16:16	MAG - PH Final
16:16	17:02	UB Q1-Q8
17:02	17:42	MAG - SR Final
17:42	18:00	Award Ceremony - MAG PB, WAG UB and MAG SR

Monday, 24 November 2025

	Stretching Area	Training / Warm-up	FOP
7:00:00			
7:15:00			
7:30:00			
7:45:00			
8:00:00			
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22:45:00			
23:00:00			

WAG Apparatus Finals - Day 2

	Stretching		Training		Warm-up		Transition		Apparatus Finals		Time between sessions	VT	UB	BB	FX
	Start	Finish	Start	Finish	Start	Finish	Start	Finish	Start	Finish		VT Q1-Q8 + R	UB Q1-Q8 + R	BB Q1-Q8 + R	FX Q1-Q8 + R
WAG AF*	8:30:00	9:00:00	9:00:00	11:00:00	12:00:00	18:00:00	13:45:00	14:00:00	14:00:00	18:00:00					
WAG Open**	10:30:00	11:00:00	11:00:00	12:00:00											

* Including Reserves and NF substitute

** Non qualified Gymnasts only

Training & Warm-up Hall

30 min/rotation		00:30	
WAG AF - Training		BB	FX
8:30	9:00	WARM UP	
9:00	9:30		
9:30	10:00		
10:00	10:30	BB Q1-Q8 + R	
10:30	11:00	FX Q1-Q8 + R	

15 min/rotation		00:15			
WAG Open Training		VT	UB	BB	FX
10:30	11:00	WARM UP - Stretching Area			
11:00	11:15	Open Training			
11:15	11:30				
11:30	11:45				
11:45	12:00				

WAG Apparatus Final		BB	FX
12:00	18:00	General Warm-up and Open Warm-up	



ARTISTIC GYMNASTICS
JUNIOR WORLD CHAMPIONSHIPS
NOVEMBER 20-24, 2025

FOP - Training

01:00	
WAG AF - Training	
12:00	13:00
Training time on the FOP for Apparatus Finalists	

FOP - Competition

WAG Apparatus Finals		BB	FX
13:45	14:00	Transition Podium	
14:00	14:36	MAG - VT Final	
14:36	15:22	BB Q1-Q8	
15:22	15:34	Award Ceremony - MAG VT and WAG BB	
15:34	16:15	MAG - PB Final	
16:15	17:01	FX Q1-Q8	
17:01	17:42	MAG - HB Final	
17:42	18:00	Award Ceremony - MAG PB, WAG FX and MAG HB	